

# BREAKFAST MENU

CARAVAN 

## Ferments and sodas

Raspberry kombucha	4-
Sparkling mate iced tea	4-
Karma cola/diet	3.5
Gingerella ginger ale	3.5

## Fresh juices and shots

Turmeric, ginger, cayenne, lemon shot	3-
Carrot, orange, ginger, turmeric, lemon	5-
Cucumber, apple, parsley, spinach	5-
Cold pressed orange/apple/grapefruit	4-

## Milks and blends

Golden spiced milk (warm)	3-
<i>Almond milk, turmeric, clove, star anise, cinnamon, raw honey</i>	
Banana, peanut butter, date, organic cocoa, almond milk	6-
Berries, acai, chia powder, banana, coconut milk	6-


## Grains and fruit

Bowl of fresh fruit: berries, banana, pineapple, grapes, cardamom syrup (pb, gf)	7-
Golden spiced yoghurt, raspberries, maple-sesame oat granola, toasted hazelnuts (v, gf)	7-
Steel cut oat porridge, medjool dates, black sesame, tahini (pb)	6.5

## On toast

House spreads: berry jam, almond, sunflower seed butter (v) on sourdough (df) or gluten free (gf) toast	5.5
Smashed avocado, lemon, soy pumpkin seeds, chilli, sprouts, on sourdough toast (pb)	8.5
- Add: poached egg: (v, gf, df)	1.5
Eggs: poached, scrambled or fried (v) on toasted sourdough or gluten free (gf) toast	7-

## Plates

Buckwheat, oat milk and banana pancakes, maple-strawberry, coconut yoghurt (pb)	11.5
Fried jalapeno cornbread, black bean, tomato, chipotle salsa, fried egg, yoghurt curd cheese, coriander	11-
- Add: chorizo	2.5
Broken lamb meatballs, grilled aubergine, tahini labneh, crispy chickpeas, pickled red onion, boiled egg, chermoula, flatbread 	12-
Hot-smoked salmon and scrambled eggs, toasted sourdough	11.5
Chorizo and potato hash, spinach, poached eggs, tomato fresca, saffron buttermilk dressing (gf)	13-
Slow cooked pork belly, kimchi pancake, gochujang ketchup, fried egg	15-
Baked eggs, spiced tomato, pepper and chickpea ragu, rose harissa, greek yoghurt, flatbread, parsley (v)	10.5
- Add: merguez	2.5
The fry: 2 eggs, thick cut bacon, pork sausage, slow roast tomatoes, roasted mushrooms, toast	12.5
Veggie fry: 2 eggs, slow roast tomatoes, roasted mushrooms, grilled halloumi, smashed avocado, toast (v)	12.5

## Sides


Thyme roasted field mushrooms (pb, gf)	3.5	Slow roasted tomatoes (pb, gf)	3.5
Smashed avocado, chilli, lemon (pb, gf)	4-	Pork sausage (df)	4-
Thick cut bacon (df, gf)	4-	Merguez (gf, df)	4-

(v) vegetarian

(pb) plant-based

(gf) without gluten containing grains

(df) dairy free

 cooked in fryer which may contain allergen traces

All our food is freshly prepared in our kitchen so we are unable to guarantee any food or drink is totally allergen-free.  
Some menu items marked with a GF, DF, V or PB have been cooked in our deep fat fryer which may contain traces of gluten, dairy or non plant-based matter.  
For those who suffer serious allergies, please speak with a manager for further information.

A discretionary 12.5% service charge will be added to your bill along with an optional E1 charity donation.

**Coffee** *Fresh from lambworks, our north london roastery*

Our mighty fine craft coffee is selected to be sustainable, socially supportive and environmentally friendly. We've pledged to support female coffee producers through sourcing a third of our coffee from women's producer groups and we're giving back 1% of our revenue each year to environmental causes as part of our partnership with '1% for the planet'.

**Free-Flowing Filter**

3-

*Our team will keep you topped up - available monday - friday (until 4pm)*

No boundaries brew

50% *hermosa*, Costa Rica

50% *finca el progreso*, Colombia

*Tasting notes: forest fruits, muscovado, chantilly cream*

**Espresso**

House blend

*Our house espresso blends are crafted with balance, flavour and versatility in mind. They are created for all-day drinking and perfect for expression in milk or on its own.*

Single origin espresso: Aramo natural, Yirgacheffe, Ethiopia

+0.5

*Tasting notes: blueberry cheesecake, morello cherry, spiced rum*

Espresso	2.5	Caravan cold brew	3-
Macchiato	2.8	Turmeric, ginger, lemon tea	2.8
Piccolo	2.8	Mocha	3.5
Long black / iced long black	2.8	Hot chocolate	3-
Flat white	3.2	Salt-caramel hot chocolate	3.5
Cappuccino	3.2		
Latte / iced latte	3.2	Soy, almond, oat milk	+0.5

**Tea** *Our loose-leaf teas are from storm tea company*

Earl grey	English breakfast	3-
Jade oolong	Camomile blossom	3-
Lemongrass & ginger	Fresh mint	3-
Rooibos indian chai		3-

**Water** *All profits donated to clean water charity 'project waterfall'*

Filtered still or sparkling carafe with refills 1-