BREAKFAST MENU



Fresh Juices and Shots

Turmeric, Ginger, Cayenne, Carrot, Orange, Ginger, Tur Cucumber, Apple, Parsley, S Cold Pressed Apple/Orange/O	rmeric, Lemon Spinach, Sorrel				2.5 4.5 4.5 4-
Milks and Blends					
Banana, Peanut Butter, Date Add Vanilla Whey Protein +.50		Almond	l Milk		6 -
Berries, Acai, Chia Powder, Add Vegan Hemp Protein +.50	, Banana, Coconut	Milk			6 -
<u>Grains/Fruit</u>					
Bowl of fresh fruit: banana Golden spiced yoghurt, fres Steel cut oat porridge, med	sh berries, maple	sesame	e granola, toasted cas	hews (v,gf)	7 - 7 - 6.5
<u>On Toast</u>					
House spreads: berry jam, a gluten free (gf) toast	almond, sunflower	seed b	outter (v) on sourdoug	h (df) or	5.5
Smashed avocado, lemon, soy	y pumpkin seeds, - Add: poa		-	h toast (pb)	8.5 1.5
Eggs: poached, scrambled or	fried on toaste	ed sourd	lough (df) or gluten f	ree (gf) toast	6.5
<u>Plates</u>					
Fried jalapeno cornbread, tocriander, lime (v)	fried egg, avocad - Add: cho	_	ootle mayonnaise, gree	n chilli,	10- 2.5
Quinoa, edamame, buckwheat chickpeas, mung beans, sesa		ecoli, p	ickled daikon, avocad	o, toasted	14-
Hot-smoked salmon and scran	mbled eggs, toast	ed sour	rdough		10.5
Chorizo and potato hash, spinach, poached eggs, tomato fresca, saffron-buttermilk dressing (gf)				12.5	
Baked eggs, spiced tomato, pepper and chickpea ragu, rose harissa, greek yoghurt, flatbread, parsley (v) - Add: merguez					10- 2.5
The fry: 2 eggs, thick cut mushrooms, toast	bacon, pork saus	sage, sl	ow roast tomatoes, ro	asted	12.5
Veggie fry: 2 eggs, slow roavocado, toast (v)	oast tomatoes, ro	pasted m	nushrooms, grilled hal	loumi smashed	12.5
<u>Sides</u>					
Thyme roasted field mushroomashed avocado, chilli, le		3.5 4.5	Slow roasted tomato Pork sausage (df)	es (pb, gf)	3.5 4.5
Thick cut bacon (df, gf) Grilled chorizo (gf)	.1 , 0 ,	4 - 5 -	Hot-smoked salmon (Grilled halloumi (v	_	4.5 5-
(v) vegetarian	(pb) plant-based		(gf) without gluten	(df) dairy free	

containing grains

DRINKS MENU

Ferments and Sodas

Passionfruit Kombucha, Jarr	3.5
Sparkling Mate Iced Tea, ChariTea	4 -

Coffee

We are privileged to source, roast and serve specialty coffee from our producer relationships around the globe, whose hard work and innovation have been integral to our success over the past ten years. Our house espresso is a seasonal blend using coffee from our legacy partnerships, roasted for balance and sweetness and dialled into a recipe every time. Our filter coffees are selected for their unique flavour characteristics and exceptional quality. These special coffees showcase the best of the season and the vanguard of farming techniques and are roasted to highlight their complexity and terroir.

Filter

Special Brü - Panama/Rwanda: Caturra Catuaí and Bourbon Varietals:

Special Brü - Panama/Rwanda: Caturra, Catuaí, and Bourbon Varietals; Fully Washed. Vibrant, red plum & lemon candy. Honey roast nuts and milk chocolate

Espresso

House Blend: Daily Blend:

Our signature espresso blend since 2010, sourced from our legacy relationships. Intensely sweet and smooth, balanced by a light and zesty acidity

<u>Single Origin:</u> Finca El Fenix - Colombia: Washed; Pink Bourbon (add) 0.5 Floral - ripe peach, watermelon & jammy tayberry. Buttery finish

Espresso	2.3	Golden Spiced Milk		3 -
Macchiato	2.5	Almond, turmeric, clove, cinnamon		
Piccolo	2.5	Turmeric, Ginger, Lemon Tea		2.8
Long Black	2.5	Mocha		3 -
Flat White	3 -	Hot Chocolate		3 -
Cappuccino	3 -	Salt-Caramel Hot Chocolate		3.5
Latte	3 -	Soy, Almond, Oat Milk	(add)	0.5

<u>Tea</u>

Our loose-leaf teas are from Storm Tea Company

Earl Grey	Lemongrass & Ginger	3 -
English Breakfast	Fresh Mint	3 -
Jade Oolong	Camomile Blossom	3 -
Rooibos Indian Chai		3 -

Water

All profits donated to clean water charity 'Project Waterfall'
Filtered Still or Sparkling Carafe

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